

[REDACTED]
MCI-Norfolk
P.O. Box 43
Norfolk, MA 02056-0043

6 June 2020

[REDACTED]
50 Maple Street, Suite 3
Milford, MA 01757

RE: FOOD AT MCI-NORFOLK, INVOICES OF INMATE FOOD ACCOUNT

Dear Mr. [REDACTED]

Respectfully, I believe I have previously identified the reasons why the dietitian approved menus and recipes for diabetics, as well as the general population, have not been followed for years.

I do not mean to sound insensitive to those in society who are having trouble finding and/or affording food, but it is unconscionable what is happening with food here at MCI-Norfolk. Those fortunate enough to have honest work, and unlimited overtime during this pandemic, are working in the kitchen(not the preeminent offense). While the inmate population is being force-fed cheap processed, mostly prepackaged unhealthy foods, mainly potato chips and highly processed meats, select staff are preparing for themselves gourmet meals fraudulently purchased through and from the Inmate Food Account. I would point out that the culpable authors must have gone through painstaking measures to balance the Inmate Food Budget, so as to order items like beef tenderloin tips for themselves, and "RED. SODIUM TURKEY LOG" for the inmate population.

This misappropriation, or theft of inmate funds is nothing new. You may recall that we met to discuss the 2018-2019 report highlighting the \$23,000 spent from the Inmate Food Account and how this money could have been better spent on diabetic meals compliant with dietitian approved menus and recipes. You had in your company the F.S.D. from Walpole. I do understand there is limited food available, especially for large institutions. Yet, what is most perplexing and offensive is that after speaking with the acting Food Services Director about foods such as the turkey that smells of sodium and resembles burnt skin, instead of other alternative dietitian approved meats and victuals. I was assured that such products were not available because there was a pandemic. This untruth was dispelled by an interested party calling U.S. Foods and New England Foods inquiring on the availability of certain and specific products. I hope this matter does not end up in litigation, many of these products including the burnt skin turkey,

potato chips, etcetera were being served well before the pandemic. A subpoena and interested parties and witnesses would be called.

Would it not be prudent to involve a dietitian in the ordering of foods, to both insure that balanced meals are being purchased and served, and once the pandemic is over to ensure that the items the dietitian approves for menus and recipes are both obtained and served. Are you aware that over \$13,000 worth of potato chips were ordered for the period of February 15th thru April 2020?

I am with hope that these practices of pilfering from the Inmate Food Account will cease, dietitian approved foods will be ordered, and approved menus and recipes are adhered to. Though you have always been respectful and fairminded in our interactions I am still suspicious of the outcome as these issues have been brought to your attention and the aforementioned illicit actions do persist.

Please remember that the mystic cords of memory stretching from every Norfolk inmate afflicted with a chronic illness, exasperated by poor diet, linked to those persons in a position to inflict behavioral change of complicit actors, will swell the need for judicial and prison reform and adequate oversight.

Given the continued abuses of food serving over the years, it would be a welcome change to see kitchen staff recast, and Mr. [REDACTED], a/k/a Mr. B, returned to an atmosphere where he would be allowed by administration to follow dietitian approved menus and recipes.

All I am asking for during this pandemic is healthier foods, especially since I am a diabetic with hypertension and other ailments. And, after this pandemic, I am asking for what I am supposed to receive, nothing more, and certainly nothing less.

Respectfully submitted,

[REDACTED]
MCI-Norfolk

ENCLOSURE
CC: DOC Legal

MAY
2019
PRE-PANDEMIC

5-03: Lunch: Potato Chips instead of potatoes
5-03: Supper: Cookies instead of Fruit
5-04: Supper: Potato Chips instead of Macaroni Salad
5-05: SUPPER: Salty Breaded Chicken Drum Stix instead of Roast Beef
5-07: Lunch: No Spoup or Vegetable as required
5-12: Supper: Potato Chips instead of Potatoes, canned fruit
instead of Fresh Fruit
5-13: Lunch: Potato Chips instead of Potatoes
5-14: Supper: Cake instead of Fruit
5-15: BFAST: Puffed Rice Krispies(Only Wheat Flakes are Supposed
to be Served.
5-15: Supper: Sodium Laden Chicken Patty(1st ingredient "Chicken
Skin" instead of Chicken over rice
5-17: Supper: Potato Chips instead of Potatoes
5-20: Lunch: Potato Chips instead of Vegetables
5-24: Lunch: Potato Chips instead of Vegetables
5-26: Supper: Sodium Laden Chicken Patty(1st ingredient "Chicken
Skin" instead of Roast Beef
5-27: Supper: Cake instead of Fruit
5-29: Supper: Pudding instead of Fruit
5-30: Supper: Cookies instead of Fruit

Today, May 28, 2020 still receiving the same Chicken-Skin Chicken
patties, over cooked veggies, 2 bags of chips, and an apple.
Chicken patties, nor potato chips are dietitian approved.

May 28, 2020

Breakfast: Generic Frosted Flakes, cinnamon cupcake, milk
(What I was able to eat. . . 1 glass of milk)

Lunch: Chicken Patty(Chicken skin patty), mixed veggies, 2 bags
of potato chips, apple
(What I was able to eat. . . apple, 1 cup of veggies.)

DINNER: Mystery meat(with notable fat circles) pear, lettuce,
2 bags of chips & PRETZELS?
What I was able to eat . . . pear, lettuce)